

VISION BERMUDA *formerly THE BERMUDA SOCIETY FOR THE BLIND*
PROGRAMME OUTPUTS & IMPACT FOR THE PERIOD JANUARY – SEPT 2024

686 UNIQUE INDIVIDUALS SERVED by VISION BERMUDA 2016-SEPT 2024 (Vision Rehab & Critical Needs)

JAN-SEPT 2024: 191 UNIQUE INDIVIDUALS SERVED for VISION REHAB & CRITICAL NEEDS

CLIENT DEMAND VISION REHABILITATION

Active Client Caseload 45, +32 additional long term clients Wait List : 21 Individuals

VISION REHABILITATION PROGRAMME one on one at home appointments &/or professional advice/assistance			OUTREACH – PROMOTING GOOD VISION CARE 'VISION TALK' - MONTHLY RADIO SHOW OCEAN 89	
53 Clients served + 80 Individuals receiving professional assistance	Client Sessions with Vision Rehabilitation Specialist: 291	53 Low Vision Assessments	Wide audience from general public and Vision Bermuda clients	TOPICS COVERED: Volunteering Opportunities at Vision Bda Upcoming activities at Beacon House Classes & Activities at Beacon House Supporting a Family Member with vision loss Magnification & low vision equipment Client's perspective on Beacon House activities
		43 Independent Living		
		46 Mobility		
		57 Assistive Technology		
		49 Emotional Support		
		43 Professional Assistance		
CRITICAL NEEDS PROGRAM (CNP) Total: 115 served		Individuals receiving ophthalmology consultations & procedures, medications : 94 Individuals benefitting from specialised equipment provided without charge : 33 Individuals assisted with other critical needs, eg registered for health insurance, cell phone service : 22		
Classes & Groups		Total 117 classes & support groups Total 12 group social activities	Total Attendances : 573 Total Attendances : 34	
Support Calls		A total of 147 support phone calls have been made to individuals with vision impairments		
Community Outreach		8 awareness presentations were made with approximately 179 people attending		

SUMMARY OF OUTPUTS AND IMPACT FOR CLIENTS

Many individuals who come to Vision Bermuda have some remaining sight. Theresa McMordie, our Vision Rehabilitation Specialist, carries out a Functional Vision Assessment and works with the person to help them maximise the vision they still have. In many cases the first steps are emotional support to assist the individual come to terms with their sight loss, believe they have a future and then to be willing to accept help.

Client demographics	VRT: Age: Under 21: 4% 22-44: 6% 45-64: 24% 65-79: 30% 80+: 36% Male: 39% Female: 61% CNP: Age: Under 21: 6% 22-44: 8% 45-64: 25% 65-79: 36% 80+: 25% Male: 47% Female: 53%
Vision Rehabilitation Therapy Outputs	<ul style="list-style-type: none"> - Mobility / White Cane Skills – Clients are trained to safely and independently navigate their homes, neighbourhood, travel on buses, move around Hamilton, access work at the office, attend social & leisure activities and have the ability to carry out everyday tasks. - Clients are informed of and trained to utilize technology and adaptive equipment to effectively aid everyday tasks, including communications, use of smartphones, iPads, computers, Alexa/Siri, desktop magnifiers, portable digital magnifiers, speech software, voice recorders, to name a few. - Clients are trained and supported in independent living – assistance in identifying items, food preparation and kitchen safety, removing hazards, paying bills, ways to keep notes, phone numbers and shopping lists, grooming and personal hygiene, cleaning and maintaining a home, using home appliances, shopping and managing money and home finances. - Clients and the public are given advice and support for good vision care, to include the use of glare shields, importance of regular medical checks & medications, controlled management of diabetes. - Emotional support and welfare calls
Critical Needs Outputs	<p>Interventions resulting in restored sight: 21 (cataract removal), Number of ophthalmology appointments for screenings, eye checks, eye injections, laser procedures etc : 241 These interventions will have resulted in helping to prevent avoidable or serious sight loss and to slow or halt the progression of sight loss Assistance with overseas surgery, health insurance payments, other assistance : 22 Meds prescriptions filled : 57 Items of Assistive Equipment Supplied at no cost to client: 45</p>
IMPACT Based on responses to the Vision-related Quality of Life Core Measure questionnaire as used by the Canadian National Institute of the Blind	<p><u>Vision Rehabilitation Services & Critical Need Services</u> KEY: (a) YES (b) SOMEWHAT (c) NO Services received improved confidence in individual’s own abilities : (a) 74% (b) 26% (c) 0% Feel more in control of own life and able to make more independent choices : (a) 84% (b) 14% (c) 2% Demonstrated improved mental health and a greater sense of self-worth : (a) 90% (b) 10% (c) 0% Feel more able to cope with difficulties and stress the vision loss causes : (a) 65% (b) 35% (c) 0%</p> <p><u>Vision Rehabilitation Services Only</u> Improvement in ability to maintain independence since mastering adaptations : (a) 64% (b) 36% (c) 0% Feel less lonely and isolated since beginning a relationship with Vision Bermuda : (a) 86% (b) 14% (c) 0%</p>