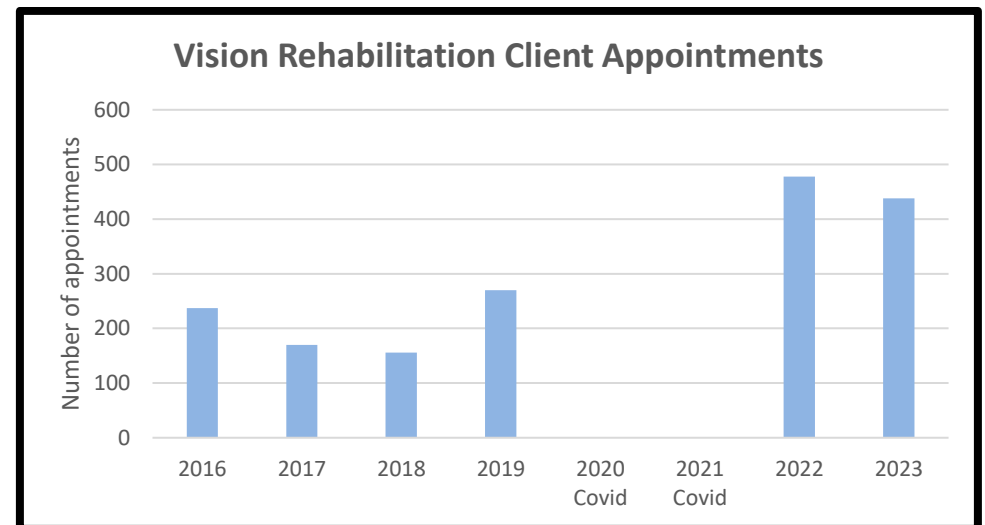
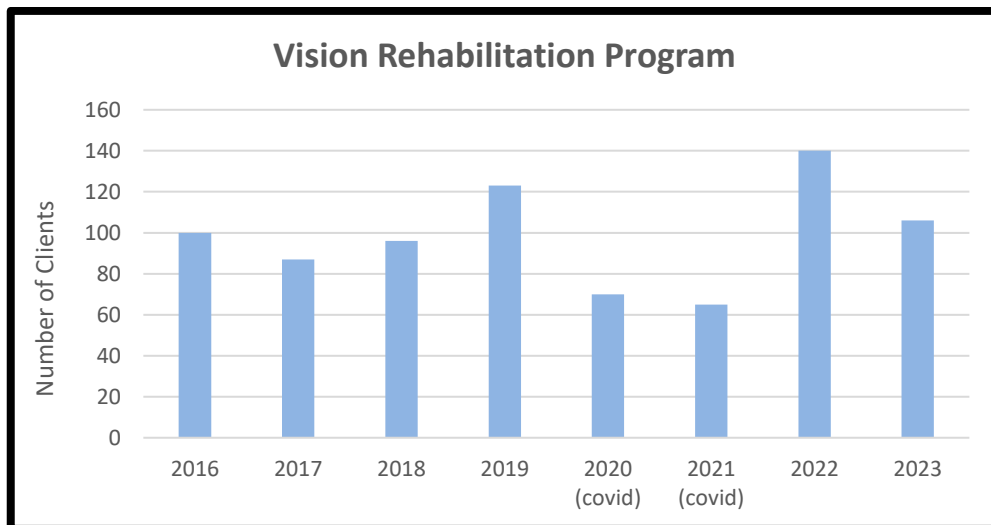
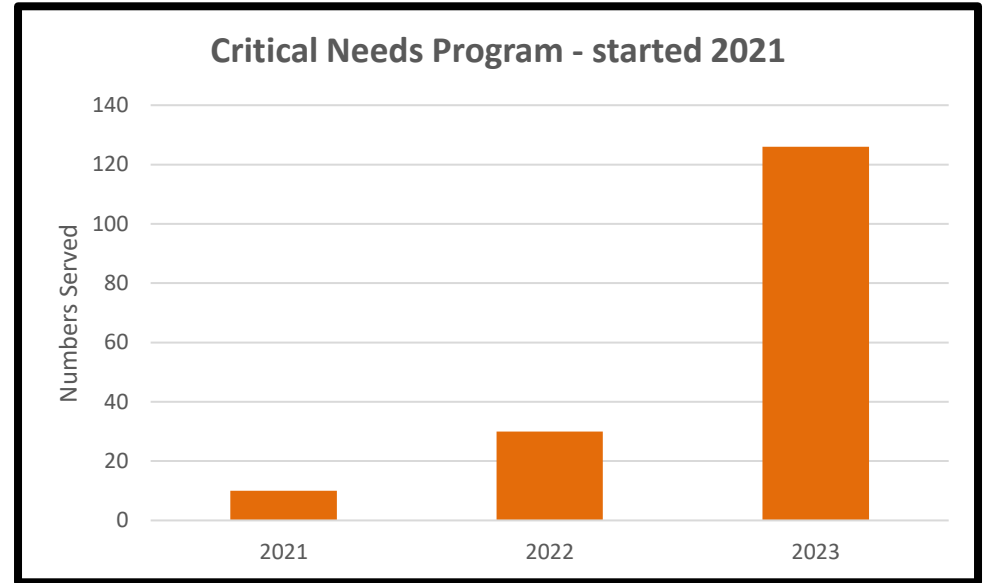
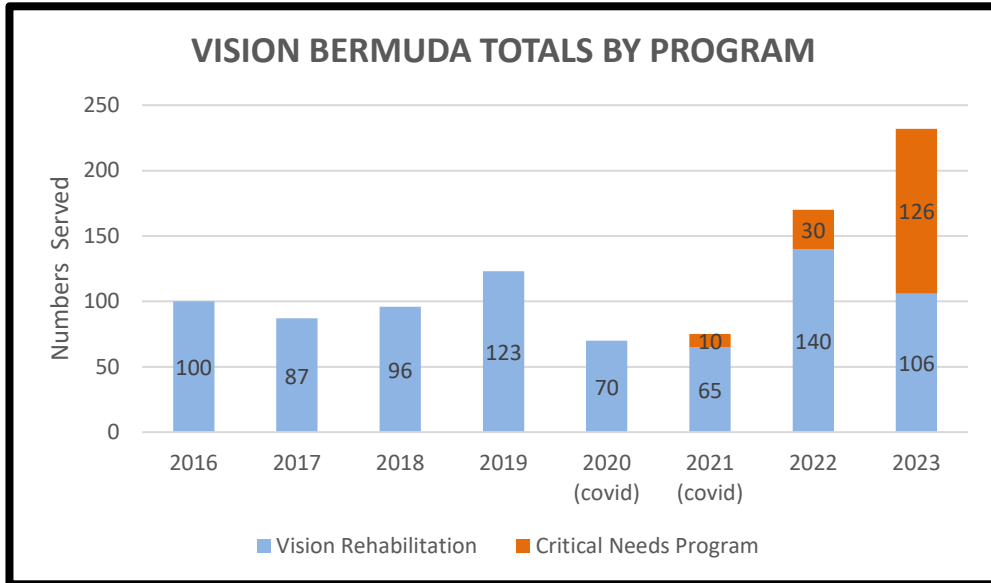


VISION BERMUDA *formerly THE BERMUDA SOCIETY FOR THE BLIND* PROGRAMME OUTPUTS & IMPACT

593 UNIQUE INDIVIDUALS SERVED BY VISION BERMUDA 2016-2023 (Vision Rehab & Critical Needs)



OUTPUTS & IMPACT JANUARY - DECEMBER 2023

**CLIENT DEMAND : Current Active Client Caseload 44, +34 additional long term clients
Wait List : 25 Individuals**

226 UNIQUE INDIVIDUALS SERVED for VISION REHAB & CRITICAL NEEDS

VISION REHABILITATION THERAPY PROGRAM (VRT) one on one at home appointments &/or professional advice/assistance		OUTREACH – PROMOTING GOOD VISION CARE 'VISION TALK' MONTHLY RADIO SHOW OCEAN 89		
46 Clients served + 50 Individuals receiving professional assistance	Therapy Sessions: 456	17 Low Vision Assessments	Wide audience from general public and Vision Bermuda clients	TOPICS COVERED: Vision Rehabilitation Services Diabetes and Vision Loss Working in Aviation with Vision Loss The Importance of Pre-School Screening Navigating Bermuda Using a Long Cane Technology to assist the Vision Impaired The Importance of Regular Eye Checks A Client’s Journey World Sight Day Gifts for those with vision impairments
		81 Independent Living		
		77 Mobility		
		113 Assistive Technology		
		45 Emotional Support		
		123 Professional Assistance		
CRITICAL NEEDS PROGRAM (CNP) Total: 130 served		Individuals have received ophthalmology consultations & procedures, medications, assistance with HIP insurance costs or specialised equipment for those with vision impairments		
Classes & Groups		Computer & Keyboarding classes : 71 classes	Total Attendances : 258	
		Independent Living Small Groups : 15 groups	Total Attendances : 129	
		Support Group Activities : 5 groups	Total Attendances : 94	
Support Calls		A total of 172 support phone calls have been made to individuals with vision impairments		
Community Outreach		6 awareness presentations were made with approximately 256 people attending		

SUMMARY OF OUTPUTS AND IMPACT FOR CLIENTS Jan-Dec 2023

Many individuals who come to Vision Bermuda have some remaining sight. Theresa McMordie, our Vision Rehabilitation Professional, carries out a Functional Vision Assessment and works with the person to help them maximise the vision they still have. In many cases the first steps are emotional support to assist the individual come to terms with their sight loss, believe they have a future and then to be willing to accept help.

Client demographics	VRT: Age: Under 21: 2% 22-44: 2% 45-64: 31% 65-79: 42% 80+: 23% Male: 44% Female: 56% CNP: Age: Under 21: 13% 22-44: 10% 45-64: 27% 65-79: 33% 80+: 17% Male: 45% Female: 55%
Vision Rehabilitation Therapy Outputs	<ul style="list-style-type: none"> - Mobility / White Cane Skills – Clients are trained to safely and independently navigate their homes, neighbourhood, travel on buses, move around Hamilton, access work at the office, attend social & leisure activities and have the ability to carry out everyday tasks. - Clients are informed of and trained to utilize technology and adaptive equipment to effectively aid everyday tasks, including communications, use of smartphones, iPads, computers, Alexa/Siri, desktop magnifiers, portable digital magnifiers, speech software, voice recorders, to name a few. - Clients are trained and supported in independent living – assistance in identifying items, food preparation and kitchen safety, removing hazards, paying bills, ways to keep notes, phone numbers and shopping lists, grooming and personal hygiene, cleaning and maintaining a home, using home appliances, shopping and managing money and home finances. - Clients and the public are given advice and support for good vision care, to include the use of glare shields, importance of regular medical checks & medications, controlled management of diabetes. - Emotional support and welfare calls
Critical Needs Outputs	<p>Interventions resulting in restored sight: 13 (cataract removal), Assistance with overseas surgery : 4</p> <p>Number of ophthalmology appointments for screenings, eye checks, eye injections, laser procedures etc : 256</p> <p>These interventions will have resulted in helping to prevent avoidable or serious sight loss and to slow or halt the progression of sight loss</p> <p>Important medication supply : 23 Other assistance (eg specialised equipment, spectacles, HIP insurance) : 32</p>
IMPACT Based on responses to the Vision-related Quality of Life Core Measure questionnaire as used by the Canadian National Institute of the Blind	<p><u>Vision Rehabilitation Services & Critical Need Services</u></p> <p>KEY: (a) YES (b) SOMEWHAT (c) NO</p> <p>Services received improved confidence in individual’s own abilities : (a) 67% (b) 33% (c) 0%</p> <p>Feel more in control of own life and able to make more independent choices : (a) 88% (b) 10% (c) 2%</p> <p>Demonstrated improved mental health and a greater sense of self-worth : (a) 100% (b) 0% (c) 0%</p> <p>Feel more able to cope with difficulties and stress the vision loss causes : (a) 67% (b) 33% (c) 0%</p> <p><u>Vision Rehabilitation Services Only</u></p> <p>Improvement in ability to maintain independence since mastering adaptations : (a) 56% (b) 44% (c) 0%</p> <p>Feel less lonely and isolated since beginning a relationship with Vision Bermuda : (a) 84% (b) 16% (c) 0%</p>